

OUR BODY TEMPLES

Notes for the Instructor

Purpose of lesson 25: This lesson continues the block of three lessons dealing with Christian stewardship. God has given us time, money, a body temple. We have a responsibility to Him in how we use all of these things. Also, the attempt is made to show the "whole man" concept, relating physical and mental health to spiritual advancement. Following our study of the ten commandments, and the principles of Christian moral behavior which they contain, the student then needs to see that physical and mental health are vital if one is to be fully restored to the image of God. Thus, the subject of health has a real place in religion.

During the study itself: In connection with question 1, study carefully the comments on Romans 12:1,2 in 6 BC 615-617. Compare the "living sacrifice" with the slain sacrifices of the Old Testament. Note the meaning of the idea of a "reasonable service," as in the N.I.V., "Which is your spiritual worship." In connection with question 5, read Unto a Perfect Man, pages 149,150.

In connection with question 5(d), it would be well to review the meaning of Acts 10:1ff, a chapter commonly used to show that the unclean was cleansed in New Testament times. (See 6 BC 248-250.)

Appeal: In using questions 6 and 7 for appeal, make it clear always that health is only a means to an end – the end being a maturing relation to Jesus Christ.

Illustration: The visual aid in this study simply attempts to contrast God's methods for good health with the devil's avenues to enslave and destroy – body, mind, and soul.

